

ADVANCE NOTICE

4th Conference on Recent Advances in the Prevention and Management of **Childhood and Adolescent Obesity** *Strategies and Solutions - From Practice to Policy*

Date: Pre-Conference: Wednesday, October 24, 2012
Main Conference: Thursday, October 25 & Friday, October 26, 2012

Location: The Lord Nelson Hotel & Suites
1515 South Park Street, Halifax, NS

CONFERENCE DESCRIPTION

This conference brings together an interdisciplinary group of professionals and policy makers working in the field of childhood and adolescent obesity. The 4th conference will focus on strategies and solutions - from practice to policy. This theme recognizes that obesity is a complex problem requiring a complex solution-oriented approach to its prevention and management. Specifically, the conference will showcase examples of the best and promising practice across Canada, and across multiple settings. From provincial level policies to school and community level interventions, and through practice-based management programs targeting multiple behaviours that are associated with obesity, the conference seeks to promote a solution-oriented approach to obesity prevention and management.

CONFERENCE GOALS & OBJECTIVES

- To examine how to engage multiple stakeholders in interventions for the prevention and management of childhood and adolescent obesity
- To highlight policy, solution-oriented approaches and promising practice for childhood and adolescent obesity prevention and management
- To provide a forum for networking and collaboration among health professionals, educators, researchers, policy makers, trainees and other stakeholders with an interest in childhood and adolescent obesity

WHO SHOULD ATTEND

This conference will be of interest to anyone interested in learning about and sharing issues and experiences regarding childhood & adolescent obesity including, but not limited to, the following individuals:

Administrators/Managers, Community Health Workers, Counsellors, Diabetes Educators, Dietitians, Early Childhood Educators, Educators, Family Development Workers, Family Physicians, Family Resource Program Staff, Fitness Professionals, Health Promoters, Nurses, Nutritionists, Paediatricians, Parents, Policy Makers, Psychologists, Researchers, School Principals, Social Workers, Students and Teachers

CALL FOR ABSTRACTS

Please turn over the page for more information.

EXHIBITING

Health associations and/or community organizations wanting to exhibit at this conference are invited to contact the conference organizers for more information (see below).

HOTEL INFORMATION

The conference hotel and accommodation will be provided by The Lord Nelson Hotel & Suites, located on 1515 South Park Street, Halifax, NS. We are pleased to offer a group rate of \$109 for Petite, \$119 for Classic and \$129 for Executive based on single or double occupancy, plus 2% marketing levy and 15% HST. We suggest you book your room NOW as we anticipate that our room block will fill up quickly. To reserve a room, please call 1 (800) 565 - 2020 or (902) 423-5130 and let hotel reservations know that you are booking under the Obesity 2012 Conference room block.

PRESENTED BY



IN COLLABORATION WITH



CALL FOR ABSTRACTS

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DEADLINE FOR SUBMISSIONS - Friday, March 23, 2012

EXTENDED DEADLINE *ONLY* FOR POSTER SUBMISSIONS - Friday, June 29, 2012

Please Note: For presenters of accepted poster presentations, the conference does not cover honoraria, accommodation, travel or other associated expenses. However, the primary poster presenter is eligible for a reduced registration fee to attend the conference. Notification in regards to acceptance will be sent by June 2012.

CALL FOR ABSTRACTS

The 4th Conference on Recent Advances in the Prevention and Management of Childhood and Adolescent Obesity provides an excellent forum for authors to present their work in an interactive setting. Posters are ideal for presenting scientifically based investigations, clinical case studies, and demonstrations of community projects. Posters are intended to provide attendees with a forum to connect with each other and to engage in discussions about their work.

FOR TRAINEES ONLY

Up to four abstracts submitted by trainees will be chosen to be presented as oral presentations. Please indicate on your abstract submission whether or not you are a trainee (i.e., undergraduate student, health professional intern, graduate student, research fellow) and your presentation preference: 'Poster Presentation Only' or 'Poster or Oral Presentation.'

GUIDELINES FOR SUBMISSION

- Outline how your work is related to the conference objectives (please refer to Advance Notice)
- Abstract summary (400 words or less) must be submitted online at interprofessional.ubc.ca or by e-mail to jo.ipce@ubc.ca in Word Document format (.doc)
- Submission Deadline: Friday, March 23, 2012 (to be considered for an oral presentation if you are a trainee). For poster abstracts, the deadline has been extended to Friday, June 29, 2012.
- Abstract Formatting
 1. Title of presentation
 2. Author name(s), organization name(s). List primary presenter's name first & underlined
 3. Street address, city, province/state, postal code, telephone number, fax number & email address of all presenters
 4. Background: An introduction to the topic and the problem(s) being addressed
 5. Purpose: Present main research questions, hypothesis, objectives for undertaking the investigation
 6. Methods: Include descriptions of participants, procedures, instrumentation, data analysis, or the equivalent
 7. Results: Results presented in the poster can be final or preliminary
 8. Conclusions: Clearly present the "take home messages" from your investigation as it relates to childhood and adolescent obesity. Keep in mind the goal of the conference is to encourage interaction between disciplines and between health care practitioners, researchers, policy makers and administrators
 9. Indicate if you are a trainee and would like to present this submission as an oral or a pre-conference abstract.

*** To view a sample of an abstract submission for your reference and guidance, please refer to our website: interprofessional.ubc.ca under the "Obesity" Conference.***

Telephone: +1 (604) 822-2801 Fax: (604) 822-4835 Email: jo.ipce@ubc.ca Website: interprofessional.ubc.ca

CALL FOR ABSTRACTS: PRE-CONFERENCE

4th Conference on Recent Advances in the Prevention and Management of

Childhood and Adolescent Obesity

Pre-conference: What is the impact of comprehensive school initiatives on obesity prevention?

Date: Pre-Conference: Wednesday, October 24, 2012
Main Conference: Thursday, October 25 & Friday, October 26, 2012

Location: The Lord Nelson Hotel & Suites
1515 South Park Street, Halifax, NS

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CALL FOR ABSTRACTS

Childhood obesity is a major public health concern in Canada and schools are acknowledged as an essential point of intervention to support obesity prevention. A comprehensive school health approach is an important and effective strategy to support healthy behaviours in a planned, integrated and holistic way. The 2003 Children's Lifestyle and School Performance Study (CLASS) found that students in Nova Scotia attending schools that were implementing a comprehensive school health approach were more physically active, had healthier diets, and were 59% less likely to be overweight and 72% less likely to be obese.

The 4th Conference on Recent Advances in the Prevention and Management of Childhood and Adolescent Obesity is partnering with the CLASS research team in Nova Scotia to host a pre-conference workshop that will focus on consolidating current evidence across Canada to inform obesity prevention through comprehensive school interventions and initiatives.

As part of this day long workshop, a **15-minute oral presentation** will be reserved for representatives from each province/territory to present the case of evidence in their region during the morning session. Additional school-based interventions and initiatives will be invited to participate through a lunchtime poster session. The afternoon will focus on identifying common elements of successful practice and understanding the most effective practices to inform obesity prevention.

Provincial and territorial stakeholders are invited to submit their interest to present the case for their region. We encourage individuals to work across sectors (policy, research and practice) to consolidate regional evidence as it relates to the impact of comprehensive school interventions and initiatives on obesity prevention. **Please submit your abstract following the guidelines for submission on the previous page or online at www.interprofessional.ubc.ca**

Priority will be given to submissions that demonstrate the importance of a comprehensive school health approach by presenting the evidence from a comprehensive initiative or by consolidating multiple interventions and initiatives. Collaboration across and within research, policy and practice is strongly encouraged.